

## BANANA BREAD

also see p. 235 in NYT Natural Foods

1/2 cup shortening or butter

1 cup sugar

2 eggs

1-3/4 cup sifted flour

1 teaspoon baking powder

1 teaspoon soda

1/2 teaspoon salt

1/2 cup sour or buttermilk

1 cup mashed bananas

1 teaspoon vanilla

1 cup chopped nuts

Bake at 350 degrees for about 45-50 minutes.

50 min - 350 Bush oven